

Psalms, Readings, Recitations, and Hymns for The Office of Matins  
Saturday in the Week of the Eighth Sunday After Trinity  
August 13, 2022

Opening Prayers

In the Name of the Father and of the † Son and of the Holy Spirit. Amen.

Grant, O Lord, that what we say with our lips we may believe in our hearts and practice in our lives; through Jesus Christ, our Lord. Amen.

Open our mouths, O Lord, to bless Your holy name. Cleanse our hearts from all vain, foolish, and wandering thoughts; enlighten our understanding, enkindle our affections, that we may recite this divine office with attention and devotion, and so may be fit to be heard before the Presence of Your divine Majesty; through Jesus Christ, our Lord. Amen.

The Versicles

O Lord, open my lips.

And my mouth shall show forth Your praise.

† Make haste, O God, to deliver me.

Make haste to help me, O Lord.

Glory be to the Father and to the Son and to the Holy Ghost. As it was in the beginning, is now, and ever shall be; forevermore. Amen. Alleluia!

Invitatory and Venite

O come, let us worship the Lord.

For He is our Maker.

O come, let us sing to the Lord: let us make a joyful noise to the Rock of our salvation.

Let us come before His presence with thanksgiving and make a joyful noise to Him with psalms.

For the Lord is a great God: and a great King above all gods.

In His hand are deep places of the earth: the strength of the hills is His also.

The sea is His, for He made it: and His hands form-ed the dry land.

O come, let worship and bow down: let us kneel before the Lord our Maker.

For He is our God: and we are the people of His pasture and the sheep of His hand.

Glory be to the Father and to the Son and to the Holy Ghost. As it was in the beginning, is now, and ever shall be; forevermore. Amen.

Office Hymn: *81, O Splendor of God's Glory Bright*

O Splendor of God's glory bright,

Who bringest forth the light from Light;  
O Light of light, light's Fountain spring;  
O Day, our days enlightening.

Come, very Sun of truth and love,  
Come in Thy radiance from above  
And shed the Holy Spirit's ray  
On all we think or do today.

Likewise to Thee our prayers ascend,  
Father of glory without end,  
Father of saving grace, for pow'r  
To conquer in temptations hour.

Teach us to work with all our might;  
Beat back the devil's threat'ning spite;  
Turn all to good that seems most ill;  
Help us our calling to fulfill.

Direct and govern heart and mind,  
With body chaste and disciplined;  
Let faith her eager fires renew  
And hate the false and love the true.

On Christ, the true Bread, let us feed,  
Let Him to us be drink indeed,  
And let us taste with joyfulness  
The Holy Spirit's plenteousness.

O joyful be the livelong day,  
Our thoughts as pure as morning ray,  
Our faith like noonday's glowing height,  
Our souls undimmed by shades of night.

The dawn begins to speed her way,  
Let the true Dawn Himself display,  
The Son with God the Father One,  
And God the Father in the Son.

All praise to God the Father be,  
All praise, eternal Son, to Thee,  
Whom with the Spirit we adore.  
Forever and forevermore. Amen.



#### Antiphon

Uphold me according to Your word, `that I may live;/ And do not let me be a`shamed of my hope.

#### Psalm

<sup>113</sup>I hate the `double-minded,/ But I `love Your *law*.  
<sup>114</sup>You are my hiding `place and my shield;/ I `hope in Your word.  
<sup>115</sup>Depart from me, you `evildoers,/ For I will keep the command`ments of my God!  
<sup>116</sup>Uphold me according to Your word, `that I may live;/ And do not let me be a`shamed of my hope.  
<sup>117</sup>Hold me up, and `I shall be safe,/ And I shall observe Your statutes `continually.  
<sup>118</sup>You reject all those who stray `from Your statutes,/ For their de`ceit is falsehood.  
<sup>119</sup>You put away all the wicked of `the earth like dross;/ Therefore I love Your `testimonies.  
<sup>120</sup>My flesh trembles `for fear of You,/ And I am afraid `of Your judgments.  
<sup>121</sup>I have done justice `and righteousness;/ Do not leave me to `my oppressors.  
<sup>122</sup>Be surety for Your `servant for good;/ Do not let the `proud oppress me.  
<sup>123</sup>My eyes fail from seeking `Your salvation/ And `Your righteous word.  
<sup>124</sup>Deal with Your servant according `to Your mercy,/ And teach `me Your statutes.  
<sup>125</sup>I `am Your servant;/ Give me understanding, That I may know Your `testimonies.  
<sup>126</sup>It is time for You `to act, O LORD,/ For they have regarded `Your law as void.  
<sup>127</sup>Therefore I love `Your commandments/ More than gold, `yes, than fine gold!  
<sup>128</sup>Therefore all Your precepts concerning all things I consid`er to be right;/ I hate `every false way.

#### Gloria Patri

Glory be to the Father `and to the Son:/ and to `the Holy Ghost.  
As it was in the be`ginning, is now:/ and ever shall be, forever `more. *Amen*.

Antiphon is repeated

#### Weekly Bible Verse Recitation

Take heed to yourself and to the doctrine. Continue in them, for in doing this you will save both yourself and those who hear you. *1 Timothy 4:16*

#### Weekly Catechism Recitation: Table of Duties

*What does God say to wives?*

Wives, submit yourselves to your own husbands, as to the Lord. *Ephesians 5:22*

... as Sarah obeyed Abraham, calling him lord, whose daughters you are as long as you do good and are not afraid with any terror. *1 Peter 3:6*

#### First Lection: *1 Samuel 31:1-13*

Now the Philistines fought against Israel; and the men of Israel fled from before the Philistines, and fell slain on Mount Gilboa. **2** Then the Philistines followed hard after Saul and his sons. And the Philistines killed Jonathan, Abinadab, and Malchishua, Saul's sons. **3** The battle became fierce against Saul. The archers [a]hit him, and he was severely wounded by the archers.

**4** Then Saul said to his armorbearer, “Draw your sword, and thrust me through with it, lest these uncircumcised men come and thrust me through and [b]abuse me.”

But his armorbearer would not, for he was greatly afraid. Therefore Saul took a sword and fell on it. **5** And when his armorbearer saw that Saul was dead, he also fell on his sword, and died with him. **6** So Saul, his three sons, his armorbearer, and all his men died together that same day.

**7** And when the men of Israel who *were* on the other side of the valley, and *those* who *were* on the other side of the Jordan, saw that the men of Israel had fled and that Saul and his sons were dead, they forsook the cities and fled; and the Philistines came and dwelt in them. **8** So it happened the next day, when the Philistines came to strip the slain, that they found Saul and his three sons fallen on Mount Gilboa. **9** And they cut off his head and stripped off his armor, and sent *word* throughout the land of the Philistines, to proclaim *it in* the temple of their idols and among the people. **10** Then they put his armor in the temple of the Ashtoreths, and they fastened his body to the wall of Beth[c] Shan.

**11** Now when the inhabitants of Jabesh Gilead heard what the Philistines had done to Saul, **12** all the valiant men arose and traveled all night, and took the body of Saul and the bodies of his sons from the wall of Beth Shan; and they came to Jabesh and burned them there. **13** Then they took their bones and buried *them* under the tamarisk tree at Jabesh, and fasted seven days.

O Lord, have mercy upon us.

Thanks be to You, O Lord.

## Second Lection: 1 Corinthians 7:1-24

Now concerning the things of which you wrote to me:

*It is good for a man not to touch a woman.* **2** Nevertheless, because of sexual immorality, let each man have his own wife, and let each woman have her own husband. **3** Let the husband render to his wife the affection due her, and likewise also the wife to her husband. **4** The wife does not have authority over her own body, but the husband *does*. And likewise the husband does not have authority over his own body, but the wife *does*. **5** Do not deprive one another except with consent for a time, that you may give yourselves to fasting and prayer; and come together again so that Satan does not tempt you because of your lack of self-control. **6** But I say this as a concession, not as a commandment. **7** For I wish that all men were even as I myself. But each one has his own gift from God, one in this manner and another in that.

**8** But I say to the unmarried and to the widows: It is good for them if they remain even as I am; **9** but if they cannot exercise self-control, let them marry. For it is better to marry than to burn *with passion*.

**10** Now to the married I command, *yet* not I but the Lord: A wife is not to depart from *her* husband. **11** But even if she does depart, let her remain unmarried or be reconciled to *her* husband. And a husband is not to divorce *his* wife.

**12** But to the rest I, not the Lord, say: If any brother has a wife who does not believe, and she is willing to live with him, let him not divorce her. **13** And a woman who has a husband who does not believe, if he is willing to live with her, let her not divorce him. **14** For the unbelieving husband is sanctified by the wife, and the unbelieving wife is sanctified by the husband; otherwise your children would be unclean, but now they are holy. **15** But if the unbeliever departs, let him depart; a brother or a sister is not under bondage in such *cases*. But God has called us to peace. **16** For how do you know, O wife, whether you will save *your* husband? Or how do you know, O husband, whether you will save *your* wife?

**17** But as God has distributed to each one, as the Lord has called each one, so let him walk. And so I [a]rdain in all the churches. **18** Was anyone called while circumcised? Let him not become uncircumcised. Was anyone called while uncircumcised? Let him not be circumcised. **19** Circumcision is nothing and uncircumcision is nothing, but keeping the commandments of God *is what matters*. **20** Let each one remain in the same calling in which he was called. **21** Were you called *while* a slave? Do not be concerned about it; but if you can be made free, rather use *it*. **22** For he who is called in the Lord *while* a slave is the Lord's freedman. Likewise he who is called *while* free is Christ's slave. **23** You were bought at a price; do not become slaves of men. **24** Brethren, let each one remain with God in that *state* in which he was called.

O Lord, have mercy upon us.  
Thanks be to You, O Lord.

### Devotional Reading

Hymn: **398, *Renew Me, O Eternal Light***

Renew me, O eternal Light,  
And let my heart and soul be bright,  
Illumined with the light of grace  
That issues from Thy holy face.

Destroy in me the lust of sin,  
From all impureness make me clean.  
Oh, grant me pow'r and strength, my God,  
To strive against my flesh and blood!

Create in me a new heart, Lord,  
That gladly I obey Thy Word  
And naught but what Thou wilt, desire;  
With such new life my soul inspire.

Grant that I only Thee may love  
And seek those things which are above  
Till I behold Thee face to face,  
O Light eternal, through Thy grace.

### Morning Versicle

O satisfy us early with Your mercy.  
That we may rejoice and be glad.

Canticle: ***The Benedictus***

Antiphon

The Lord has raised up a horn of salvation for us: in the house of His servant David.

Canticle

†“Blessed be the Lord God of Israel: for He has visited and redeemed His people

And has raised up a horn of salvation for us; in the house of servant David;

As He spoke by the mouth of His holy prophets: which have been since the world began;  
That we should be saved from our enemies; and from the hand of all that hate us;

To perform the mercy promised to our forefathers; and to remember His holy covenant  
To perform the oath which He swore to our father Abraham; that He would grant unto us;

That we, being delivered out of the hand of our enemies: might serve Him without fear,  
In holiness and righteousness before Him; all the days of our life.

And you, child, shall be called the prophet of the Highest: for you will go before the face of  
the Lord to prepare His ways;  
To give knowledge of salvation unto His people by the remission of their sins,

Through the tender mercy of our God: whereby the Dayspring from on high has visited  
us;

To give light to them that sit in darkness and in the shadow of death: to guide our feet into  
the way of peace.

Gloria Patri

Glory be to the Father `and to the Son and to the Holy Ghost;  
As it was in the beginning, is now and ever shall be: forevermore. Amen.

Antiphon is repeated

Kyrie, Lord's Prayer & Apostles' Creed

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

Our Father...

I believe in God the Father Almighty...

Prayers

For the Week of the Eighth Sunday After Trinity

Grant to us, Lord, we beseech You, the spirit to think and do always such things as are right, that  
we, who cannot do anything that is good without You, may by You be enabled to live according  
to Your will; through Jesus Christ, Your Son, our Lord, Who lives and reigns with You and the  
Holy Spirit, one true God, now and forever. Amen.

For the Day from the Treasury of Daily Prayer

Most gracious God, we give thanks for the joy and blessings that You grant to husbands and  
wives. Assist them always by Your grace that with true fidelity and steadfast love they may honor  
and keep their marriage vows, grow in love toward You and for each other, and come at last to  
the eternal joys that You have promised; through Jesus Christ, our Lord. Amen.

### For Unrepentant Sinners and Those Who Have Fallen from the Faith

Almighty and most gracious God and Father, we implore You to turn the hearts of all who have forsaken the faith once delivered to Your Church, especially those who have wandered from it or are in doubt through the corruption of Your truth. Mercifully visit and restore them that in gladness of heart they may take pleasure in Your Word and be made wise to salvation through faith in Your Son, Jesus Christ, our Lord. Amen.

### For True and Godly Worship on the Lord's Day

Lord God, heavenly Father: We beseech You so to guide and direct us by Your Holy Spirit that we may not exalt ourselves, but humbly fear You, and with our whole hearts hear and keep Your Word, and keep the day of rest holy, that we also may be sanctified by Your Word; help us, first, to place our hope and confidence in Your Son, Jesus Christ, Who alone is our righteousness and Redeemer, and, then, so to amend and better our lives in accordance with Your Word, that we may avoid all offenses and finally obtain eternal salvation; through Jesus Christ our Lord. Amen.

### For the Morning

Send forth, we pray You, O Lord, Your light into our hearts; that we may perceive the light of Your commandments, and, walking in Your way, may fall into no error; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one true God, now and forever. Amen.

### Benedicamus & Benediction

Let us bless the Lord.

Thanks be to God.

The grace of our Lord Jesus Christ and the love of God and the communion of the Holy Spirit † be with us all. Amen.